

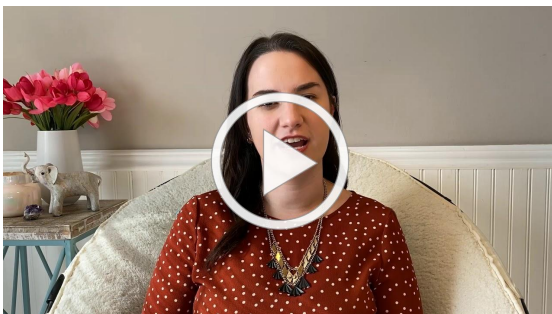


News and Updates!

CYN Transitions to Virtual Counseling to Continue Critical Services to Our Community During the Covid-19 Pandemic

Knowing that kids, adults and families need us now, more than ever, but caring deeply about our staff and our community's safety, we have transitioned our counseling services to telehealth or virtual counseling. Our crisis staff is still on call 24 hours a day, 7 days a week.

*"This is a great tool to share and a much needed service and answer for personal questions during this time."
--CYN Supporter*



Telehealth Q & A

How long is my session?

Typically 50 minute sessions, but shorter are available.

What about Insurance coverage?

Most providers have recently expanded coverage to include Telehealth. Please check with your insurance provider or call us at (847) 548-6000 .

Areas of service through Telehealth?

Individual, Group, Couple and Family Counseling.

Click [HERE](#) for Community Resources for those impacted by COVID-19

April is Child Abuse Prevention Month

CYN has fought to prevent child abuse in our community for more than 40 years. This year as we all deal with social distancing, the danger is serious for children in abusive situations. Isolation and stress can lead to substance use, anxiety and depression, family violence and abuse. In addition, youth are spending even more time behind screens resulting in greater risk of online bullying abuse and exploitation.

Want to provide support and services for kids who have been abused?

When survivors are forced to stay in the home or in proximity to their abuser, it can create circumstances where their safety is compromised, and they may need to alter their safety plan.

For any victims and survivors who need support, we are here for you!

Call 847.587.3100 to speak to a crisis worker.



Donate in honor of Child Abuse Prevention Month

Last year CYN provided life-saving in-home services for 53 families dealing with child abuse or domestic violence.

Meet CYN Board Vice President-Laura Comilla!



CYN is proud to introduce Board VP Laura Comilla! Laura is the Senior Director of Global Healthcare Consulting for Siemens Healthineers where she is responsible for the direction and expansion of their healthcare consulting business around the world. Laura brings to CYN's governing board expertise in new business development, global territory management, client relationship building, contract negotiations and customer satisfaction in businesses of all kinds.

Laura studied Biochemistry and Biotechnology at Michigan State University and completed her master's degree in chemistry from DePaul University in Chicago. She is certified in Operational Excellence from the American Society of Quality and Change Management. She is an active member of the Healthcare Businesswomen's Association and the Clinical Laboratory Management Association. Laura also is an advocate for mentoring; she mentors undergraduates from her alma mater, Michigan State, and women aspiring to climb the healthcare career ladder.

Laura lives in Libertyville with her husband Lee Trollope and two daughters. Additional family lives in Australia including Lee's son and daughter and grand baby. Her personal passions include travelling and exploring other cultures, gardening and trail running. She gives her time and talents to CYN because, "There is a mental health crisis in America. More needs to be done to give much needed access to mental health services. CYN's mission struck a chord with me. I truly believe the programs are saving lives and saving families."

CYN is seeking individuals with varying expertise who are interested in joining our Board of Directors or Committees. Please contact Gail Weil at 847.548.6000 ext.012 to learn more!



In 2019...

Help us make sure that all Runaway and Locked Out youth have the CYN Counseling Center 24/7 Crisis Line

~847.587.3100~

COUNSELING CENTER

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Runaway homeless youth were provided family reunification, counseling and shelter assistance

There are Many Ways to Help Kids and Families in Crisis!

Double your impact



with a matching gift!



Contact Jordan if you need help securing your company's match!

Facebook makes it easy for you to **fundraise for CYN on your birthday, anniversary or for fun! 100% of donations come back to CYN!** Follow the link below and select **Community Youth Network!**



Start a Facebook Fundraiser



Follow us Today!

Donate Now

amazon smile

You shop. Amazon gives.



Go to smile.amazon.com



Select Community Youth Network as your charity



Every purchase benefits CYN!

Go to Amazon Smile