



## *May News and Updates!*

**May is Mental Health Awareness Month!  
Now, More Than Ever, Your Community  
Needs Your Support!**

**We are here for your community  
when you need us most but we  
can't do it without you!**

With nearly half the country reporting that their mental health has suffered during the Covid-19 pandemic, your support today will ensure kids, families and seniors in your community get the support they need during this critical time. **Join the many in making your Gift Today!**



**Covid-19**



**Social Isolation  
Job Loss  
Worry  
Front Line Burnout**

**Depression  
Substance Abuse  
Domestic Violence  
Child Abuse  
Family Instability  
Suicide**



**Donate  
Today!**

### Monthly Giving

**\$10 a month or \$120 a year**

**\$25 a month or \$300 a year**

**\$35 a month or \$420 a year**

### Annual Giving

**\$100 Provides  
Two hours of therapy for  
at-risk youth!**

**\$250 Covers  
enhanced IT cost for our**

\$50 a month or \$600 a year

agency!

**\$500 Provides**  
10 hours of family counseling!

## Free Webinar!!



**CYN** COUNSELING CENTER  
In partnership with... Advocate Health Care Aurora Health Care

Presents—  
**A FREE WEBINAR**  
Recognizing and Managing Addictive Behaviors During COVID 19  
Friday, June 5th, noon-2 p.m.



(Register at the link below)  
**Register Today!**

CYN in partnership with Advocate Aurora Health invite you to join them for another webinar on

*Recognizing and Managing Addictive Behaviors During Covid-19*

Friday, June 5th, 12pm-2pm

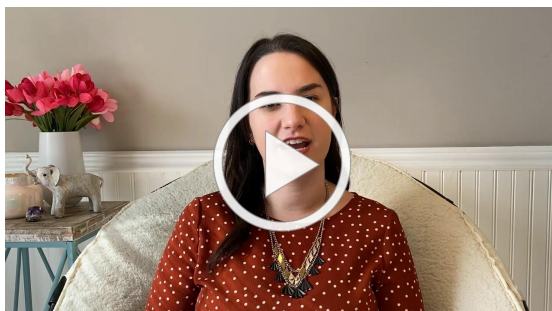
**Register Here Today!**

## CYN is Here for YOU!

Knowing that kids, adults and families need us but caring deeply about our staff and our community's safety, we have transitioned our counseling services to telehealth or virtual counseling. Our crisis staff is still on call 24 hours a day, 7 days a week.

*Call CYN today if you or someone you know needs mental health support!*

**847-548-6000**



Click [HERE](#) for Community Resources for those impacted by COVID-19

**CYN Partners with Advocate Aurora Health for Webinar**

On May 1, CYN and Advocate Aurora Health partnered to provide a webinar about how to protect your mental health or get help during COVID-19. Over 100 people registered for this online event and we expect more webinars to be announced soon!  
Click the image to the right to watch!



## Meet Board Secretary - Kelly Lorr!



CYN is proud to introduce Board Secretary Kelly Lorr! Kelly joined CYN's Board in January of 2019. She is a self-employed communications consultant that specializes in strategy and content development for a variety of industries, including manufacturing and healthcare. Kelly and her husband Bryant live in Round Lake and are busy raising three children, a daughter and two sons. Her personal passions include walking, baking, playing board games and golf. Being

focused on her own family, Kelly joined the CYN Board because she believes in the organization and the work it does to serve children and families alike.

*"Growing up in a tumultuous environment, I know first hand how important it is for kids and their parents to get the support they need to get through challenging times. CYN does just that. Their qualified, caring and dedicated staff along with their different services and programs help to preserve and strengthen families. They are making a difference that can affect positive outcomes for kids and parents today and well into the future. And with the parenting landscape continually evolving with the advent of technology and social media, I can't think of a better place or organization to devote my resources, time and effort to."*

**CYN is seeking individuals with varying expertise who are interested in joining our Board of Directors or Committees. Please contact Gail Weil at 847.548.6000 ext.012 to learn more!**

**There are Many Ways to Help Kids and Families in Crisis!**

## Double your impact



**with a matching gift!**



Facebook makes it easy for you to fundraise for CYN on your birthday, anniversary or for fun! 100% of donations come back to CYN! Follow the link below and select Community Youth Network!



**amazon**smile

You shop. Amazon gives.



Go to [smile.amazon.com](https://smile.amazon.com)



Select Community Youth Network as your charity



Every purchase benefits CYN!

Contact Jordan if you need help securing your company's match!

Start a Facebook Fundraiser

Go to Amazon Smile



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[www.cyngrayslake.org](http://www.cyngrayslake.org) | 847.548.6000 | [info@cyngrayslake.org](mailto:info@cyngrayslake.org)

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Donate Now