



November News and Updates!

November note from CYN Executive Director, Gail Weil



Counseling Center Office

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www.cyngrayslake.org



Community Causes

Stress Awareness Day (Nov. 6)
International Day for Tolerance (Nov. 16)
National Parental Involvement Day (Nov. 19)
National Adoption Day (Nov. 21)

Statement from Executive Director, Gail Weil

November is a time when we start preparing for and looking forward to the holidays. This November, CYN Counseling Center is taking the time to reflect and celebrate several community causes that align with our mission of preserving and strengthening families while protecting children from abusive and high risk situations.

Some of these causes are **Stress Awareness Day, International Day for Tolerance, National Parental Involvement Day and National Adoption Day**. As we reflect, we realize that due to Covid 19, this holiday season may look somewhat different than our previous traditions and celebrations. We know that some of us will be separated from our loved ones, for example, due to illness, death, and/or fear of travel and gatherings. This separation from loved ones and the loss of traditions we hold dear can cause intense feelings of sadness, loneliness, and isolation.

Therefore, CYN will be sharing supports for you and your families starting in November and continuing throughout the rest of the year. Supports will be found on all of our social media channels and we invite you to follow along.

From all of us at CYN, we wish all of you a safe, healthy and peaceful Thanksgiving.

Join us for our virtual "Jingle and Mingle" Game Night FUN- Raiser Tickets and Raffles on sale Now!





VIRTUAL GAME NIGHT FUN-RAISERS!

Raffle Prize
Lottery Tree



VIRTUAL GAME NIGHT FUN-RAISERS!

Raffle Prize
Italian Holiday Basket



CYN COUNSELING CENTER
VIRTUAL GAME NIGHT FUN-RAISERS!
Raffle Prize
Nuwave Duralon 10pc Non-Stick Cookware Set



CYN COUNSELING CENTER
VIRTUAL GAME NIGHT FUN-RAISERS!
Raffle Prize
Nuwave Ultimate Air Fryer Oven

Purchase Your Tickets!

**Growing Resilient Teens
Pilot Program Hosts
Farmers Market!**

Growing Resilient Teens

FARMERS MARKET

**LIBERTY PRAIRIE FARM
32400 HARRIS RD,
GRAYSLAKE, IL 60030**

*Monday, November 23rd
3:30pm - 5:00pm*

Masks and social distancing are required!

Visit www.cyngrayslake.org to learn more!

**Support CYN on #GivingTuesday!
First \$2 million raised matched!!**

**Facebook makes it easy for you to raise
money for great Mental Health services
at CYN this Giving Tuesday!
Select Community Youth Network
(former name)!**



GIVINGTUESDAY
Tuesday, December 1st, 2020!

Follow us on Social Media !



www.cyngrayslake.org | 847.548.6000 | info@cyngrayslake.org

Donate Now