



*Preserving and strengthening families while
protecting children from abusive or high-risk situations.*

Counseling Center Office

18640 West Route 120, Grayslake, IL 60030

847-548-6000 | info@cyngrayslake.org

www.cyngrayslake.org



Therapeutic Mentoring

Program description.....



Therapeutic Mentoring provides positive relationships for youth involved in the juvenile justice system in Lake County, IL.

Youth are matched with professional mentors who meet with them for 2-3 hours per week for up to 12 months. Mentoring is provided one-on-one and in groups.

The program seeks to assist with problem-solving, coping and self-advocacy skills, positive future orientation, progress on educational and career goals, connection to prosocial peers, family, and community, social support, access to opportunity, structures and resources, a decrease in mental/behavioral health problems and delinquent attitudes through mentoring services.

Anticipated outcomes....

- 90% of youth will not reoffend while participating in the mentoring program
- 66% of youth will show an improved level of functioning in school/work and/or social life after program completion as demonstrated in post test scores



Who is CYN Counseling Center

CYN Counseling Center is a registered 501c3, serving over 1,000 men, women and children a year. In our 40 years, we have grown to offer a varied menu of mental health services like psychotherapy, case management, mentoring, crisis intervention and community education.

Contact the Therapeutic Mentor Coordinator Office at 847-548-6000 x 022