



December News and Updates!



Note from CYN Executive Director

December is finally here and though the air is a little colder, CYN continues to ensure that we meet the needs of individuals and families. We recognize how difficult the holiday season can be for some and the presence of COVID 19 will most likely make things even worse for many. We wish everyone a healthy and peaceful holiday season and we look forward to when we can meet again in person with you, our clients, friends, families and supporters.

This year, CYN worked hard this year to bring you free webinars in English and Spanish to help you deal with the impact of COVID 19. As part of our mission to strengthen families and protect children, we are providing you with access to these webinars again throughout December! Stay tuned to our social media channels to view!

We also recognize that the holidays are a time for giving to those less fortunate than ourselves. We are proud to say that .875 cents of every dollar raised goes directly to underwrite the cost of counseling for our most vulnerable community members. So please give generously – your donation really does make a difference and is so appreciated by the clients who benefit from your kindness.

Lastly, I want to thank our Everyday Heroes; our first responders, and CYN staff and board who work tirelessly to support our clients, families and communities. What a frightening year it has been, yet they continue to provide essential services in their roles. Without them, this year would have been even more difficult. Thank you.

From all of us at CYN, we wish you all the best this holiday season and look forward to a New Year of hope, health, and healing!



Respectfully,

Gail Weil, Executive Director

Growing Resilient Teens

This fall, CYN partnered with Liberty Prairie Foundation to pilot an after-school program to increase social emotional well-being and job preparedness in area high school students. We immersed students in farm work and skills-based group work supervised by CYN staff practicing mindfulness, conflict resolution, problem solving, self-care and customer service. The culmination of this work was a Thanksgiving market where they sold hot cider and produce they had grown!



Growing Resilient Teens Video!



CYN Year End Holiday Letter!

(Click the image to download our Annual Holiday Letter)

Donors to CYN give to a future where there is...

53
Families served
through our Intact
Family Program with DCF

15
Schools served in Lake County
by CYN therapists

117
Resistant teenagers youth were provided family
reconciliation, counseling and shelter assistance

CYN COUNSELING
CENTER
*Preserving and strengthening families while
protecting children from abusive or high-risk situations.*

Counseling Center Office
18000 West Route 100, Grayslake, IL 60030
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www.cyngrayslake.org



-INCREASED ACCESS TO NEEDED
MENTAL HEALTH TREATMENT.

-REDUCED ENTRY INTO THE JUVENILE JUSTICE,
CHILD WELFARE, OR MENTAL HEALTH SYSTEMS.

-IMPROVED COMMUNITY MENTAL HEALTH THROUGH
COUNSELING, PSYCHOTHERAPY, CRISIS
INTERVENTION, COMMUNITY EDUCATION
& PREVENTION SERVICES.

Donate this Holiday Season!

#GivingTuesday 2020 Update!



Thank you for #GivingGenerously
this #GivingTuesday!

You helped us raise....

\$4,500!

www.cyngrayslake.org

847.548.6000

Thank you to our 2020 Foundation Partners!



Special Thanks to our Foundation partners in 2020!

The John and Kathleen
Schreiber Foundation

The David and Lisette
Eisendrath Foundation

The Julian Grace Foundation

The Grace Bersted Foundation

The George M. Eisenburg Foundation

The Phyllis and Henry Cretor Foundation

The Edward and Marne
Holstein Charitable Trust

The Village of Grayslake
Pilot Grant Program

The United Way of Lake County

The Gorter Family Foundation

The Caring Women's Connection

The Willow Springs Foundation

The Healthcare Foundation
of Northern Lake County

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