



## *February News and Updates!*

### February is our #TalktoTeens Campaign!

February we focused on **Teen Dating Domestic Violence Month** through a campaign we call **#TalktoTeens**. Listen to CYN therapist *Kaitlin McBane, LPC* as she shares how she helped a youth overcome self-esteem issues, setting healthy boundaries and working with parents to support their dating youth.

### **#TalktoTeens**

Follow us on Facebook throughout the month of February and be part of the conversations that help end Teen Dating Violence in our area.

@CommunityYouthNetwork



### Special Thanks!!

# THANK YOU

FOR PLAYING!

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 **HALLOWEEN**   
**VIRTUAL GAME NIGHT**

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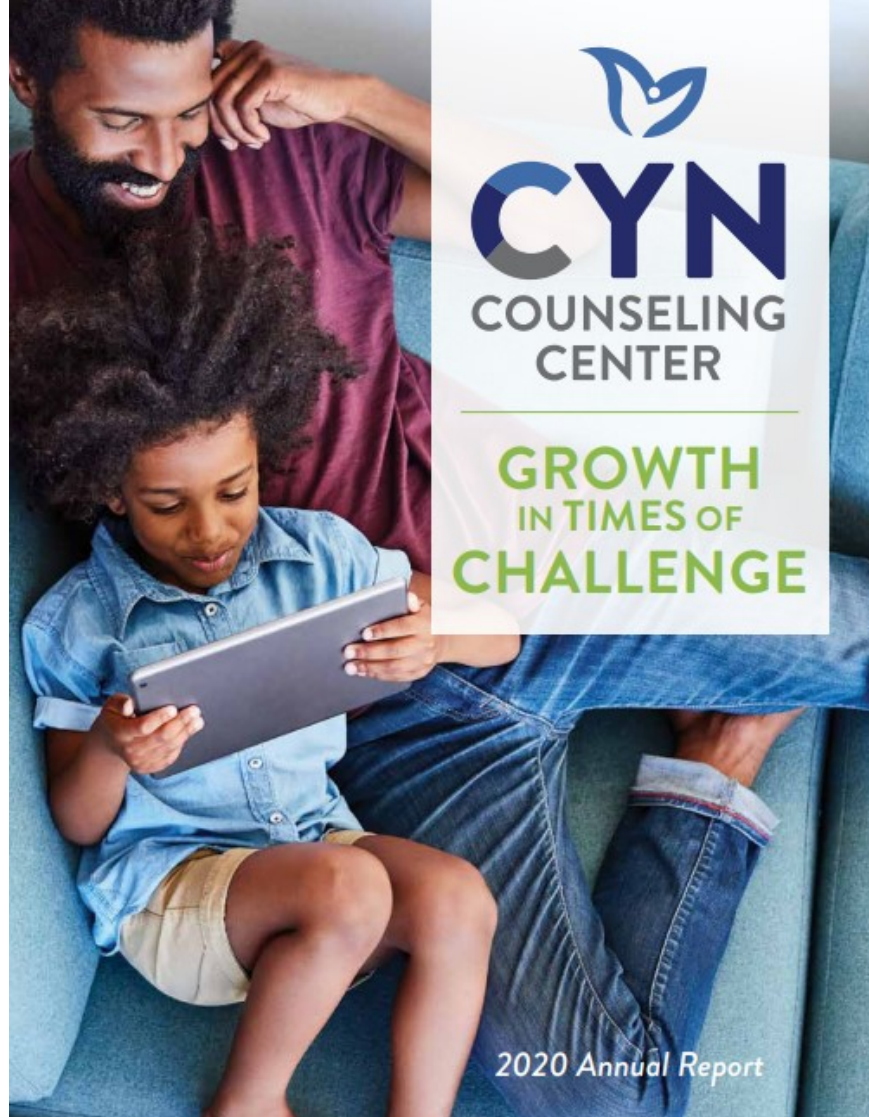
 **JINGLE AND MINGLE**   
**Virtual Game Night**

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 *Valentine's*   
*Virtual Game Night*

CYN's 2020  
Annual Report!





## Meet the Board!



**Kevin Brady** joined the CYN Board of Directors in 2003. He has served as the Vice President and President of the Board. He lives in Round Lake with his wife, Heather, and two daughters. He is a teacher and coach at Round Lake High School and became involved with CYN as he saw firsthand the impact that mental health issues have had on students in schools. Kevin studied History Education at Illinois State University and has a master's degree in Educational Administration from National Louis University. He enjoys traveling with his family, movies, reading, and home improvement projects around the house.

Learn more about our Board of Directors!

Upcoming Monthly  
Mental Health

# Causes!

MONTHLY  
*Cause*  
CAMPAIGNS



## March

Self Harm Awareness Month  
National Social Worker Month  
National Drug and Alcohol Facts Week  
Zero Discrimination Day (3/1)  
International Women's Day (3/8)



## April

National Child Abuse Prevention Month  
Stress Awareness Month  
Sexual Assault Awareness and Prevention Month  
National Counseling Awareness Month  
National Minority Health Month  
National Youth Violence Prevention Week (Apr. 12-16)  
World Health Day (Apr. 7)  
National Stress Awareness Day (Apr. 16)  
Day of Silence (Apr. 23)



**Follow us on Social Media!**



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