



## February 2022 Agency Update

### A Statement from Executive Director, Gail Weil



CYN COUNSELING CENTER is honored to have served our community for more than 40 years, and it is a privilege to work alongside some of Lake and McHenry County's strongest advocates for mental wellness. Although this past year has been full of ongoing challenges to everyone's physical and mental health, CYN has continued to increase our service numbers and provide more support than ever to children, individuals and families in all walks of life.

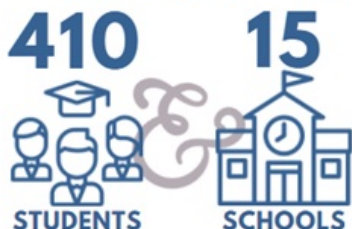
While we are pleased with this growth, we know our work is far from over as the demand for CYN services continues to grow exponentially. We always seek to identify new and improved ways to expand programming and enhance the lives of our staff, board members and clients. Be sure to stay connected with us and look for a full calendar of opportunities, events and program details in this new year. Thank you for your partnership in helping us strengthen families and protect children. We look forward to working together to impact our community in the new year.

Sincerely,

**Gail Weil, Executive Director**

**LAST FISCAL YEAR IN REVIEW**

# 144% INCREASE IN REQUEST FOR SERVICES



THANK YOU TO OUR COMMUNITY SUPPORTERS  
WHO HAVE ENABLED US TO SERVE  
**22% MORE INDIVIDUALS & FAMILIES.**

*When we count our*  
**B L E S S I N G S**  
*We count you twice*

## Upcoming Events

**CYN** COUNSELING CENTER  
RANDOM ACT OF  
**KINDNESS**  
*Challenge*  
FEBRUARY 2022

CYN COUNSELING CENTER CHALLENGES YOU TO COMMIT RANDOM ACTS OF KINDNESS ALL MONTH LONG FOR YOUR CHANCE TO WIN GIFT CARDS!  
VISIT [CYNGRAYSLAKE.ORG](http://CYNGRAYSLAKE.ORG) FOR MORE DETAILS

It's more important than ever to keep mental health a priority, and there is no better way to do that than to simply BE KIND. To encourage kindness this month, we are offering four chances to

**WIN GIFT CARDS FOR YOUR  
RANDOM ACTS OF KINDNESS.**

1. Like & Follow us on Social Media
2. Share your photos, videos, & stories #CYNRAOK with each post
3. Challenge friends, family, and other community members by tagging them

Participants earn one entry per social media page  
PLUS, a bonus entry for any donation of \$25+ to CYN Counseling Center Feb. 1-28!

**That's up to FIVE chances to win!**

Join us in spreading kindness and uplifting our community all month long!  
For more information, contact [Jenniferf@cyngrayslake.org](mailto:Jenniferf@cyngrayslake.org) or visit [cyngrayslake.org](http://cyngrayslake.org).



DONATE NOW

## Meet the Board of Directors: Executive Committee



Kurt Peterson  
Board President

**Kurt Peterson** is a senior manager in Wipfli LLP which is among the top business and accounting consulting firms in the country. With over 14 years of experience, he has assisted many nonprofit organizations in fulfilling their mission by overseeing audit engagements and client relationships, as well as working with clients to maintain compliance with laws and regulations. Kurt has a Master's Degree in Accounting from the University of Illinois. Kurt dedicates his time, talent and treasure to CYN because he believes there remains a stigma around mental health despite the growth in media coverage.



Laura Comilla  
Board Vice President

**Laura Comilla** is the Senior Director of Global Healthcare Consulting for Siemens Healthineers where she is responsible for the direction and expansion of their healthcare consulting business around the world. Laura studied Biochemistry and Biotechnology at Michigan State University and completed her master's degree in chemistry from DePaul University in Chicago. She is certified in Operational Excellence from the American Society of Quality and Change Management and an active member of the Healthcare Businesswomen's Association and the Clinical Laboratory Management Association. She gives her time and talents to CYN because, "There is a mental health crisis in America... CYN's mission struck a chord with me. I truly believe the programs are saving lives and saving families."



Kenneth Strom  
Board Treasurer

**Ken Strom** owns a local business that builds, renovates, and rents homes across Lake County. He has a degree in Finance from Miami University of Ohio. He is an active volunteer at his church, a leader with the Boy Scouts and a mentor with Kid's Hope USA. He joined CYN because of the great work they were doing to help our community. "I am very pleased with the growth of CYN – with the staff now helping well over one thousand people per year. Due to the stress and isolation from the pandemic, CYN's services will be needed now more than ever."

CYN Counseling Center is governed by a voluntary & compassionate Board of Directors.  
If you are passionate about helping kids and families and want to join our efforts to achieve our vision of de-stigmatizing mental health issues please contact us to learn more or visit [Board of Directors - Community Youth Network \(cyngrayslake.org\)](http://Board of Directors - Community Youth Network (cyngrayslake.org))

Learn More About Our  
Board



DONATE  
NOW



18640 W. Route 120, Grayslake, IL 60030  
847-548-6000 | [info@cyngrayslake.org](mailto:info@cyngrayslake.org)

IF YOU OR SOMEONE YOU KNOW IS IN CRISIS,  
CONTACT OUR 24-HR HOTLINE AT 847-587-3100