

March 2022 Agency Update



MARCH IS

ANTIRACISM MONTH

CYNGRAYSLAKE, ORG

OUR VISION is a society where mental health issues and concerns are not stigmatized, where **all citizens** have access to quality mental health services when needed, where **all people** are treated with dignity and respect, and where **everyone** can get the support, tools, and resources they need to grow and thrive.









Follow us on social media this month to learn about disparities in mental health services for minorities and what we can do about it.

PROGRAMMING & IMPACTS: Intact Family Services



The Intact Family Services Program strengthens families by providing in-home support intended to protect children from child abuse and keep families together by avoiding foster care. This program offers case management & counseling, monitors family interactions, provides community resources, and educates on child development and age appropriate behavior and discipline.

LAST FISCAL YEAR, WE SERVED

215% MORE FAMILIES THROUGH OUR INTACT PROGRAM
THIS YEAR, WE NEED YOUR HELP!

One of the most common needs among our families are new household items to help keep kids safe, which CYN Counseling Center provides at no cost.



Help Support Our Families
Shop the NEEDS LIST

Upcoming Events



Registration is NOW OPEN for Growing Resilient Teens

Programming for youth ages 13-17 is designed to aid in the development of workforce skills & social-emotional skills.

March 28 - June 13, 2022 Monday & Tuesday, 4-5:30pm

CONTACT US TO REGISTER

DONATE NOW TO SUPPORT GRT

CYN Counseling Center provides transportation support, materials and more to Growing Resilient Teens participants. If you'd like to learn more about how you can support this program, contact <u>Jennifer Flatley</u>, Donor Relations Manager, or call 847-548-6000.

SPECIAL THANK YOU TO OUR PROGRAM SUPPORTERS





WILLOW SPRINGS CHARITABLE TRUST

Meet Our Staff



Jill Novacek, CYN Program Director is a Licensed Clinical Social Worker who graduated from the University of Illinois with her MSW. She has been in the field for over 20 years with experience working with children, adolescents, adults, and families with a variety of counseling needs. She has experience with youth and adults involved in the justice and child welfare systems and provided crisis intervention.

She is a strong believer that behavior has meaning and there is always hope for a healthy future. She is certified in Attachment, Regulation, and Competency trauma treatment, Multi-Systemic Therapy, Structured Psychotherapy for Adolescents Responding to Chronic Stress, and Aggression Replacement Training.

CYN Counseling Center is hiring for multiple full and part time positions including leadership, therapists, mentors and more.

VIEW OUR JOB OPENINGS

Learn More About Our

Staff













18640 W. Route 120, Grayslake, IL 60030 847-548-6000 linfo@cyngrayslake.org

IF YOU OR SOMEONE YOU KNOW IS IN CRISIS, CONTACT OUR 24-HR HOTLINE AT 847-587-3100