



"The Path to Progress"

2022 ANNUAL REPORT
JULY 1, 2021 - JUNE 30, 2022

Our Mission

IS TO PROVIDE & EXPAND ACCESS TO COMPREHENSIVE, QUALITY MENTAL HEALTH SERVICES, WHILE INCREASING AWARENESS & WORKING TO ELIMINATE THE STIGMA OF MENTAL HEALTH ISSUES.

A MESSAGE FROM OUR LEADERSHIP

As CYN COUNSELING CENTER enters our 45th year of service, we reflect on all we have accomplished, and the incredible community members who have helped us along the way. As mental health challenges persist, CYN is honored to expand partnerships, programs and services in order to rise to the occasion, and we are grateful.

Requests for mental health support continue to grow exponentially, and we thank you for teaming up with us to meet these challenges with positive, solution-focused responses. Together, we will fulfill our dream of eliminating stigma and providing quality services for everyone's mental health.

Thank for your contributions to this dream, and we look forward to growing further in our community and service.

In Wellness,

Gail Weil

Gail Weil, Executive Director

Kurt Peterson

Kurt Peterson, Board President



Our Vision

A SOCIETY WHERE MENTAL WELLNESS IS EMBRACED, & ALL PEOPLE HAVE ACCESS TO NEEDED QUALITY MENTAL HEALTH RESOURCES; ARE TREATED WITH DIGNITY & RESPECT; & RECEIVE THE SUPPORT, TOOLS, & SERVICES THEY NEED TO GROW AND THRIVE.

SERVICES PROVIDED



COUNSELING & PSYCHOTHERAPY

Individual, couple, group & family counseling available to all. All major insurances accepted - Sliding scale & free services available to those who qualify (Community Access)

SCHOOL BASED THERAPY SERVICES

Comprehensive individual & group counseling based in area schools to reduce barriers & help kids be more successful in all areas of life



GROWING RESILIENT TEENS

Experiential programming for youth ages 13-17 to support the development of workforce and social-emotional skills, in partnership with local farms

INTACT FAMILY SERVICES

Intensive casework services for DCFS-involved families with the goals of strengthening the family & preventing abuse



NURTURING FAMILIES PROGRAM

Support and guidance to increase and enhance parenting knowledge and skills



THERAPEUTIC MENTORING

Providing positive relationships for justice-involved youth; assists with problem-solving; coping & self-advocacy; education & career goals; community connections & resources; and decreasing mental health problems

LIFESPAN EMPLOYEE ASSISTANCE

Comprehensive therapeutic support for employees and their families to resolve life's challenges



WAUKEGAN STRONG

Violence prevention & intervention by trauma-informed staff; includes individual and group counseling, experiential therapy and restorative justice practices for students in Waukegan Middle and High schools

24-HR CRISIS INTERVENTION

THE NEED



1 in 3
youth don't get the mental health services they need



7 in 10
teens struggle with mental health issues



1 in 5
adults live with mental illness



1 in 4
people suffer with mental illness



68% of women
57% of men
with mental health problems are parents

50%
of chronic mental illness starts by **age 14**

#2
Suicide is the 2nd leading cause of death in individuals ages 10-34



44%
of the **LGBTQ+** community experiences mental illness in a year



76% of employees report symptoms of a mental health condition annually

CYN IMPACT



305% MORE
PARENTS SERVED IN THE NURTURING FAMILIES GROUP PROGRAM

13% INCREASE
IN SUCCESSFULLY CLOSED DCFS FAMILY CASES




42% INCREASE
IN SERVICE TO UNDER OR UNINSURED CLIENTS



100% INCREASE
IN STUDENTS SERVED IN GROWING RESILIENT TEENS



22% MORE
YOUTH SERVED IN THE MENTORING PROGRAM

41% MORE
AT RISK YOUTH SERVED THROUGH OUR CRISIS PROGRAM



TOTAL INDIVIDUALS SERVED LAST YEAR

1,979



63%
INCREASE



1



2

- 1. Growing Resilient Teens students got hands on at the farm.
- 2. Staff volunteered at Keeping Families Covered to prepare diapers for delivery.



3



4



5

- 3. "Fred the Fir" spread joy at the Grayslake Historical Society's Giving Tree Display.
- 4. Staff passed out tulips to community members for Random Acts of Kindness week.
- 5. CYN joined CLC to spread mental wellness during finals week.

FISCAL YEAR IN REVIEW

- 6. Staff, Board & family members participated in the Grayslake Memorial Day Parade.



6



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- 7. CYN took part in the 2nd Annual Pridefest in Waukegan.
- 8. Our Inaugural Donor Appreciation Event recognized major supporters & honored retired Board Member, Mary Lou Brady.



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Please visit

cyngrayslake.org//about-us/annual-report

to view our most current 990
for complete financial information.

THANK YOU DONORS

July 1, 2021 - June 30, 2022

\$50,000+

Gorter Family Foundation
Healthcare Foundation of Northern Lake County
Julian Grace Foundation

\$25,000-\$49,999

Willow Springs Charitable Trust

\$10,000-\$24,999

100 Women Who Care North Suburban Chicago
Ed & Marne Holstein Charitable Fund
The John & Kathleen Schreiber Foundation

\$5,000-\$9,999

Anonymous
The George M. Eisenberg Foundation
Phyllis & Henry Cretor Foundation
North Shore Giving Circle
The Richard M Schulze Family Foundation

"THERE IS NOTHING MORE BEAUTIFUL THAN SOMEONE WHO GOES
OUT OF THEIR WAY TO MAKE LIFE BEAUTIFUL FOR OTHERS."

-MANDY HALE



\$1,000 - \$4,999

Advocate Condell Medical Center
Mary Lou Brady
Kumaraswamy Budur
Caring Women's Connection
SB Clinical Counseling LLC
EAB Solutions
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Exchange Club of Grayslake
Belinda Jervis
Omar & Farhana Kazi
Kurt & Patricia Peterson
Quattro BBS
Britton Videbeck
Gail Weil
Wlipfli, LLP

\$500-\$999

Robert Borta
Susan Buttler
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Duane Blanton Plumbing and Sewer
First Midwest Bank
The Goddard School
Grayslake Orthodontics
Kids Dentist
Lake Behavioral Hospital
Suzanne Martinez
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Wildwood Presbyterian Church
Wipfli Foundation Inc

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Heather Cash - Cash Homes
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GET INVOLVED

VISIT CYNGRAYSLAKE.ORG TO LEARN MORE ABOUT ONE-TIME OR MONTHLY DONATIONS, CORPORATE PARTNERSHIPS, VOLUNTEERING & MORE.



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EXECUTIVE LEADERSHIP

Executive Director Gail Weil, LCSW, CADC

Clinical Director Mark Hagler, LCPC

Program Director Jill Novacek, LCSW, LSOTP

BOARD OF DIRECTORS

Executive Board Kurt Peterson · Laura Comilla · Kenneth Strom · Kelly Lorr

Kevin Brady · Mary Lou Brady · Kumar Budur · Susan Buttler · Kelley Collins
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