

# SEXTING PREVENTION

Assessment • Education • Counseling • Intervention



Sexting is not only risky, it's dangerous. Youth who sext can end up emotionally hurt or vulnerable, the subject of bullying, suspended from school, and/or subject to legal action.

**"Sexting" is sending, receiving, or forwarding sexually suggestive photos or messages. It can frequently be connected to trauma or violence.**

CYN offers a program of at least 6 sessions that addresses the dangers and consequences of sexting while educating and counseling students & parents.

Our goals include:

- Educating on laws/consequences of sexting
- Teaching appropriate boundaries
- Supporting values of respect for self & others
- Stopping risky behavior in its tracks

AND MORE

**For more information, contact us at  
847-548-6000 or speak to the CYN therapist  
at your child's school.**