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## JULY UPDATE



Dear Friends of CYN,

I hope you're enjoying the summer sunshine! July is a special month for us as we observe National Minority Mental Health Awareness Month. It's a great time to recognize the challenges faced by minority communities and renew our commitment to inclusive and supportive care.

At CYN, we're dedicated to making mental health services accessible to everyone. Our team is actively preparing for the new school year and our school-based therapy program is ready to support students for a successful year ahead.

Your support makes all the difference. Whether you donate, serve on a board or committee, or advocate, you're helping us eliminate the stigma around mental health and expand access to care. Together, we can build a healthier, more inclusive community.

Warm regards,

A handwritten signature in black ink that reads "Gail". The signature is written in a cursive, flowing style.

### **Our Impact: School-based Therapy**

At CYN Counseling Center, we offer free individual and group counseling directly in schools to help kids succeed both in and out of the classroom. Over the last school year, our therapists were in 16 schools across Lake County, providing safe spaces for students without disrupting their schedules.



Our services continue over the summer, either virtually or at our Grayslake office, ensuring uninterrupted support for our students.

[Learn More](#)

## CYN's Partnership with Waukegan Public Schools Wraparound Center Services



CYN Counseling Center is proud to partner with Waukegan Public Schools Wraparound Center Services to provide comprehensive mental health support and social and emotional counseling to the community. The Wraparound Center is a one-stop location for students, families, and other residents to receive therapeutic support and access services and resources from community agencies. This collaboration allows us to deliver essential services, including individual and group counseling, ensuring that mental health care is accessible to all. By combining our expertise with the resources of the Wraparound Center, we address a wide range of issues such as anxiety, depression, and behavioral challenges. Together, we are dedicated to creating a supportive



*Therapist, Teresa Ramont, MA, LPC, NCC and Bilingual Therapist, Fatima Moreno, MSW*

### Waukegan Wraparound Center Services

214 Washington Street  
Waukegan Illinois  
(224) 303-1125  
[wraparound@wps60.org](mailto:wraparound@wps60.org)

[More Info](#)

environment that promotes the overall well-being and success of Waukegan's students and their families.

## Meet our Interns!



At CYN we are fortunate to have a team of interns who play a crucial role in supporting our mission. These talented individuals come from diverse academic backgrounds, bringing fresh perspectives and a passionate commitment to mental health care. Under the guidance of our experienced staff, our interns provide assistance in delivering counseling services and participating in community outreach.

Interns work closely with our team, receiving weekly guidance from our licensed clinicians and join our clinical staff meetings. They handle their own client caseloads, with numbers adjusted to fit their schedules, present a case study each semester, and participate in all our training sessions. Our internship program is designed to provide real-world experience and growth opportunities to prepare the next generation of mental health professionals

By welcoming interns into our team, they gain valuable skills and insights while making a real difference for our clients. Their enthusiasm, dedication, and hard work add to our services and positively impact the community.

**Enrollment for our next round of interns for 2025/2026 will open in January 2025.**

## Save the Date!

The 3rd Annual Gala, "Behind the Mask," will raise awareness and funds for suicide prevention and education in our community. Suicide is the second leading cause of death among individuals aged 10-34 in the United States, making this cause critically important.

This elegant evening will feature a reception, dinner, dancing, and powerful stories of strength and resilience. By bringing together community leaders,

supporters, and advocates, we hope to promote suicide prevention and highlight the mental health services available in our community. [Click here to register and attend!](#)



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